

The Overconsumption of Ultra-Processed Foods in the United States

Emily Grover

FOOTNOTES

1. Carlos Augusto Monteiro et al., *Ultra-Processed Foods, Diet Quality, and Health Using the NOVA Classification System* (Rome: Food and Agriculture Organization of the United Nations, 2019): 3–33, <https://www.fao.org/3/ca5644en/ca5644en.pdf>.
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