Pornography Use Among Young Adults in the United States

Jamie LeSueur and Samantha Smith Nelson

FOOTNOTES

- 1. Faraz Ahmed, M. Zubair Shafiq, and Alex X. Liu, "The Internet is For Porn: Measurement and Analysis of Online Adult Traffic," 2016 IEEE 36th International Conference on Distributed Computing Systems (2016): 88, https://doi.org/10.1109/ICDCS.2016.81.
- Mark Regnerus, David Gordon, and Joseph Price, "Documenting Pornography Use in America: A Comparative Analysis of Methodological Approaches," *The Journal of Sex Research* 53, no. 7 (2016): 873–81, https://doi.org/10.1080/00224499.2015.1096886.
- 3. Josh McDowell, "Who Looks and How Often?" in *The Porn Phenomenon: The Impact of Pornography in the Digital Age* (Ventura, CA: Barna Group, 2016), 32–33.
- 4. "Adult & Pornographic Websites in the US Market Size 2005–2028," *IBISWorld*, June 18, 2022, https://my.ibisworld.com/us/en/industry-specialized/od4576/industry-performance#current-performance.
- Steve Berkowitz, "NCAA Revenue Returned to \$1.15 Billion in 2021, but Prospect of Pandemic Impacts Looms," USA Today, Gannett Satellite Information Network, February 3, 2022, https://www.usatoday.com/story/sports/2022/02/02/ncaa-revenue-up-but-pandemic-impacts-loom-basketball-tournament/9313735002/.
- Daniel A. Cox, Beatrice Lee, and Dana Popky, "Politics, Sex, and Sexuality: The Growing Gender Divide in American Life," Survey Center on American Life, April 27, 2022, https://www.americansurveycenter.org/research/march-2022-aps/.
- 7. Emily A. Vogels and Lucia F. O'Sullivan, "The Relationship Among Online Sexually Explicit Material Exposure To, Desire For, and Participation in Rough Sex," *Archives of Sexual Behavior* 48, no. 2 (2019): 653–65, https://doi.org/10.1007/s10508-018-1290-8.
- 8. David Shultz, "Divorce Rates Double When People Start Watching Porn," *Science*, August 26, 2016,
 - https://www.science.org/content/article/divorce-rates-double-when-people-start-watching-porn#:~:t ext=Analyzing%20the%20data%2C%20Perry%20and,from%206%25%20to%2018%25.
- 9. Joshua B. Grubbs et al., "Porndemic? A Longitudinal Study of Pornography Use Before and During the COVID-19 Pandemic in a Nationally Representative Sample of Americans," *Archives of Sexual Behavior* 51, no. 1 (2021): 123–37, https://doi.org/10.1007/s10508-021-02077-7.
- **10.** "Addiction," *Merriam-Webster*, accessed June 21, 2023, https://www.merriam-webster.com/dictionary/addiction.
- 11. "Amateur Pornography," *Wikipedia*, November 1, 2022, https://en.wikipedia.org/wiki/Amateur pornography.
- 12. Kent C. Berridge and John P. O'Doherty, "From Experienced Utility to Decision Utility," *Neuroeconomics* 2, no. 18 (2014): 342, https://doi.org/10.1016/B978-0-12-416008-8.00018-8.
- **13.** Tala Esmaili, "Obscenity," *Legal Information Institute*, Cornell Law School, June 2017, https://www.law.cornell.edu/wex/obscenity.
- 14. "How Does the Porn Industry Make Its Money Today?" *Fight the New Drug*, March 2023, https://fightthenewdrug.org/how-does-the-porn-industry-actually-make-money-today/
- **15.** The Oxford Classical Dictionary, "Porn Stars," *The Oxford Classical Dictionary*, Oxford University Press, 2012.

- **16.** N.M. Malamuth, "Pornography," *International Encyclopedia of the Social & Behavioral Sciences* (2001): 11816–21, https://doi.org/10.1016/B0-08-043076-7/04365-5.
- **17.** "Sexually Explicit Definition," Law Insider, accessed April 2023, https://www.lawinsider.com/dictionary/sexually-explicit.
- Paul J. Wright, "Mass Media Effects on Youth Sexual Behavior Assessing the Claim for Causality," *Annals of the International Communication Association* 35, no. 1 (2011): 343–85, https://doi.org/10.1080/23808985.2011.11679121.
- 19. N.M. Malamuth, "Pornography," *International Encyclopedia of the Social & Behavioral Sciences* (2001): 11816–21, https://doi.org/10.1016/B0-08-043076-7/04365-5.
- **20.** Dallin H. Oaks et al., "Pornography," *The Church of Jesus Christ of Latter-day Saints*, accessed March 8, 2023, https://www.churchofjesuschrist.org/study/manual/gospel-topics/pornography.
- 21. Eric W. Owens et al., "The Impact of Internet Pornography on Adolescents: A Review of the Research," *Sexual Addiction & Compulsivity* 19, no. 1 (2012): 99–122, https://doi.org/10.1080/10720162.2012.660431.
- 22. John Philip Jenkins, "Pornography," *Britannica*, May 23, 2023, https://www.britannica.com/topic/pornography.
- 23. "Habit vs. Addiction: Why It's Scientifically Possible for Anyone to Get Hooked to Porn," *Fight the New Drug*, accessed March 9, 2023, https://fightthenewdrug.org/habit-vs-addiction-why-its-scientifically-possible-anyone-get-hooked/.
- 24. J. B. Grubbs, S. W. Kraus, and S. L. Perry, "Self-Reported Addiction to Pornography in a Nationally Representative Sample: The Roles of Use Habits, Religiousness, and Moral Incongruence," *Journal of Behavioral Addictions* 8, no. 1 (2019): 88–93, https://doi.org/10.1556%2F2006.7.2018.134.
- 25. Juliet Richters et al., "A Profile of Pornography Users in Australia: Findings From the Second Australian Study of Health and Relationships," *The Journal of Sex Research* 54, no. 2 (2017): 227–40.
- 26. Meghan Donevan and Magdalena Mattebo, "The Relationship Between Frequent Pornography Consumption, Behaviours, and Sexual Preoccupancy Among Male Adolescents in Sweden," Sexual & Reproductive Healthcare 12 (2017): 82–87, https://doi.org/10.1016/j.srhc.2017.03.002.
- J. B. Grubbs, S. W. Kraus, and S. L. Perry, "Self-Reported Addiction to Pornography in a Nationally Representative Sample: The Roles of Use Habits, Religiousness, and Moral Incongruence," *Journal of Behavioral Addictions* 8, no. 1 (2019): 88–93, https://doi.org/10.1556%2F2006.7.2018.134.
- 28. "Top 100: The Most Visited Websites in the US [2022 Top Websites Edition]," *Semrush Blog*, accessed March 8, 2023, https://www.semrush.com/blog/most-visited-websites/.
- 29. Joshua B. Grubbs et al., "Porndemic? A Longitudinal Study of Pornography Use Before and During the COVID-19 Pandemic in a Nationally Representative Sample of Americans," *Archives of Sexual Behavior* 51, no. 1 (2021): 123–37, https://doi.org/10.1007/s10508-021-02077-7.
- 30. Josh McDowell, "What We're Talking About When We Talk About Porn," in *The Porn Phenomenon:* The Impact of Pornography in the Digital Age (Ventura, CA: Barna Group, 2016), 12–13.
- 31. J. B. Grubbs, S. W. Kraus, and S. L. Perry, "Self-Reported Addiction to Pornography in a Nationally Representative Sample: The Roles of Use Habits, Religiousness, and Moral Incongruence," *Journal of Behavioral Addictions* 8, no. 1 (2019): 88–93, https://doi.org/10.1556%2F2006.7.2018.134.
- 32. Joseph Price et al., "How Much More XXX is Generation X Consuming? Evidence of Changing Attitudes and Behaviors Related to Pornography Since 1973," *The Journal of Sex Research* 53, no. 1 (2016): 12–20, https://doi.org/10.1080/00224499.2014.1003773.
- 33. Josh McDowell, "50 Shades of Wrong," in *The Porn Phenomenon: The Impact of Pornography in the Digital Age* (Ventura, CA: Barna Group, 2016), 60.

- 34. Joseph Price et al., "How Much More XXX is Generation X Consuming? Evidence of Changing Attitudes and Behaviors Related to Pornography Since 1973," *The Journal of Sex Research* 53, no. 1 (2016): 12–20, https://doi.org/10.1080/00224499.2014.1003773.
- 35. Grace B. Jhe et al., "Pornography Use Among Adolescents and the Role of Primary Care," Family Medicine and Community Health 11, no. 1 (2023), https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9853222/#:~:text=Moreover%2C%20pornography%20may%20support%20sexual,through%20demonstration%20and%20increase%20confidence.&text=Studies%20suggest%20that%20pornography%20may,a%20more%20positive%20sexual%20identity.
- J. B. Grubbs, S. W. Kraus, and S. L. Perry, "Self-Reported Addiction to Pornography in a Nationally Representative Sample: The Roles of Use Habits, Religiousness, and Moral Incongruence," *Journal of Behavioral Addictions* 8, no. 1 (2019): 88–93, https://doi.org/10.1556%2F2006.7.2018.134.
- 37. Chad Steel et al., "Public Perceptions of Child Pornography and Child Pornography Consumers," *Archives of Sexual Behavior* 51, no. 2 (2022): 1173–85, https://doi.org/10.1007/s10508-021-02196-1.
- 38. "Obscenity," *The United States Department of Justice*, March 29, 2021, https://www.justice.gov/criminal-ceos/obscenity.
- 39. Cynthia J. Najdowski, "Legal Responses to Nonconsensual Pornography: Current Policy in the United States and Future Directions for Research," *Psychology, Public Policy, and Law* 23, no. 2 (May 2017): 154–65, https://doi.org/10.1037/law0000123.
- 40. Ibid.
- **41.** "Obscenity," *The United States Department of Justice*, March 29, 2021, https://www.justice.gov/criminal-ceos/obscenity.
- 42. "Pornography," NCOSE, February 9, 2023, https://endsexualexploitation.org/issues/pornography/.
- 43. Daniel Cox, Beatrice Lee, and Dana Popky, "How Prevalent Is Pornography?" *Institute for Family Studies*, May 3, 2022, https://ifstudies.org/blog/how-prevalent-is-pornography.
- 44. Josh McDowell, "Who Looks and How Often?" in *The Porn Phenomenon: The Impact of Pornography in the Digital Age* (Ventura, CA: Barna Group, 2016), 32–33.
- 45. Julie M. Albright, "Sex in America Online: An Exploration of Sex, Marital Status, and Sexual Identity in Internet Sex Seeking and Its Impacts," *Journal of Sex Research 45, no. 2* (2008): 175–186, https://doi-org.byu.idm.oclc.org/10.1080/00224490801987481.
- 46. Mark Regnerus, David Gordon, and Joseph Price, "Documenting Pornography Use in America: A Comparative Analysis of Methodological Approaches," *The Journal of Sex Research* 53, no. 7 (2016): 873–81.
- 47. Josh McDowell, "Who Looks and How Often?" in *The Porn Phenomenon: The Impact of Pornography in the Digital Age* (Ventura, CA: Barna Group, 2016), 32–33.
- **48.** Shiona McCallum, "Children as Young as Nine Exposed to Pornography," *BBC News*, BBC, January 31, 2023, https://www.bbc.com/news/technology-64451984.
- 49. Paula Tutman and Brandon Carr, "Common Sense Media Survey Finds Average Age Kids Were Exposed to Pornography Was 12 Years Old," WDIV, January 10, 2023, https://www.clickondetroit.com/news/local/2023/01/10/common-sense-media-survey-finds-average -age-kids-were-exposed-to-pornography-was-12-years-old/#:~:text=About%2041%25%20reported %20seeing%20online%20pornography%20during%20the%20school%20day&text=A%20common %20sense%20media%20survey,10%20years%20old%20or%20younger.
- **50.** John Philip Jenkins, "Pornography," *Britannica*, accessed May 24, 2023, https://www.britannica.com/topic/pornography.
- 51. Brandon R. Burnette, "Comstock Act of 1873 (1873)," *The First Amendment Encyclopedia*, accessed November 2022,

- https://www.mtsu.edu/first-amendment/article/1038/comstock-act-of-1873#:~:text=The%20Comstock%20Act%20of%201873,picture%2C%20drawing%2C%20or%20advertisement.
- 52. Alex Altman, "Girlie Mags," *Time*, December 1, 2008, http://content.time.com/time/arts/article/0,8599,1862878,00.html.
- 53. Gretchen Brooke Gould, "Obscenity and Pornography: A Historical Look at the American Library Association, the Commission on Obscenity and Pornography, and the Supreme Court," *Dissertations and Theses*, UNI, 2010, https://scholarworks.uni.edu/etd/201.
- 54. David L. Hudson Jr., "Obscenity and Pornography," *Obscenity and Pornography*, accessed March 9, 2023, https://www.mtsu.edu/first-amendment/article/1004/obscenity-and-pornography.
- 55. John R. Vile, "Commission on Obscenity and Pornography," *The First Amendment Encyclopedia* (2009),
 - $https://www.mtsu.edu/first-amendment/article/1178/commission-on-obscenity-and-pornography#: $$\sim$ text=The %20 Commission %20 on %20 Obscenity %20 and %20 Pornography %2 C %20 established %20 in %201968 %2 C %20 recommended, rather %20 than %20 targeting %20 consenting %20 adults.$
- **56.** Taylor Kohut et al., "Surveying Pornography Use: A Shaky Science Resting on Poor Measurement Foundations," *Journal of Sex Research* 57, no. 6 (2020): 722–742.
- 57. David Schultz, "Attorney General's Commission on Pornography (1986)," *The First Amendment Encyclopedia*, accessed November 2022, https://mtsu.edu/first-amendment/article/793/attorney-general-s-commission-on-pornography.
- 58. Josh McDowell, "Talking About Porn," in *The Porn Phenomenon: The Impact of Pornography in the Digital Age* (Ventura, CA: Barna Group, 2016), 23.
- 59. J.H. Berger et al., "Survey of Sexual Function and Pornography," *Mil Med* 184, no. 11 (2019): 731–37, https://doi.org/10.1093/milmed/usz079.
- Paul J. Wright and Edward Donnerstein, "Sex Online: Pornography, Sexual Solicitation, and Sexting," Adolescent Medicine: State of the Art Reviews 25, no. 3 (2014): 574–89, https://pubmed.ncbi.nlm.nih.gov/27120886/.
- Victor C. Strasburger, Amy B. Jordan, and Ed Donnerstein, "Children, Adolescents, and the Media: Health Effects," *Pediatric Clinics* 59, no. 3 (2012): 533–87, https://doi.org/10.1016/j.pcl.2012.03.025.
- 62. "Pornhub Insights (2019): The 2019 Year in Review," *Pornhub*, accessed May 27, 2023, https://www.pornhub.com/insights/2019-year-in-review.
- **63.** Ibid.
- 64. Ibid.
- 65. Stephanie Antons et al., "Facets of Impulsivity and Related Aspects Differentiate Among Recreational and Unregulated Use of Internet Pornography," *Journal of Behavioral Addictions* 8, no. 2 (June 2019): 223–33, https://akjournals.com/view/journals/2006/8/2/article-p223.xml.
- 66. Ibid.
- 67. Prerna Varma et al., "Younger People Are More Vulnerable to Stress, Anxiety and Depression during COVID-19 Pandemic: A Global Cross-Sectional Survey," *Progress in Neuro-Psychopharmacology & Biological Psychiatry*, U.S. National Library of Medicine, July 13, 2021,
 - https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7834119/#:~:text=Poor%20sleep%2C%20lower%20levels%20of,stress%2C%20depression%20and%20anxiety%20symptoms.
- 68. Nora D. Volkow, George F. Koob, and A. Thomas McLellan, "Neurobiologic Advances from the Brain Disease Model of Addiction," *Evaluating the Brain Disease Model of Addiction 374*, no. 4 (2022): 25–34, https://doi.org/10.1056/NEJMra1511480.
- Christina Camilleri, Justin T. Perry, Stephen Sammut, "Compulsive Internet Pornography Use and Mental Health: A Cross-Sectional Study in a Sample of University Students in the United States," Front Psychol 11 (2020), https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7835260/.

- **70.** Katharina Buchholz, "How Much of the Internet Consists of Porn?" *Statista*, 2019, https://www.statista.com/chart/16959/share-of-the-internet-that-is-porn/.
- 71. Faraz Ahmed, M. Zubair Shafiq, and Alex X. Liu, "The Internet is For Porn: Measurement and Analysis of Online Adult Traffic," 2016 IEEE 36th International Conference on Distributed Computing Systems, (2016): 88, https://doi.org/10.1109/ICDCS.2016.81.
- 72. Nicola Bleu, "Latest Website Statistics for 2023: Data-Backed Facts & Trends," *Blogging Wizard*, January 1, 2023, https://bloggingwizard.com/website-statistics/#:~:text=4.,pages%20on%20a%20daily%20basis.
- 73. "Internet/Broadband Fact Sheet," *Internet, Science & Tech*, Pew Research Center, April 3, 2023. https://www.pewresearch.org/internet/fact-sheet/internet-broadband/.
- 74. "Monthly Population Estimates for the United States: April 1, 2020 to December 1, 2022," *The United States Census Bureau*, accessed May 27, 2023, https://tinyurl.com/5byx9wb9.
- 75. "Share of Users in the United States Accessing the Internet in 3rd Quarter 2021, By Device," Statista, July 7, 2022, https://www.statista.com/statistics/1290925/internet-access-by-device-us/.
- 76. Joseph Price et al., "How Much More XXX is Generation X Consuming? Evidence of Changing Attitudes and Behaviors Related to Pornography Since 1973," *The Journal of Sex Research* 53, no. 1 (2016): 12–20, https://doi.org/10.1080/00224499.2014.1003773.
- **77.** Ibid.
- Emily F. Rothman et al., "The Prevalence of Using Pornography for Information About How to Have Sex: Findings from a Nationally Representative Survey of US Adolescents and Young Adults," *Archives of Sexual Behavior* 50, no. 2 (2021): 629–46, https://doi.org/10.1007/s10508-020-01877-7.
- 79. Chiara Sabina, Janis Wolak, and David Finkelhor, "The Nature and Dynamics of Internet Pornography Exposure for Youth," *CyberPsychology & Behavior* 11, no. 6 (2008): 691–93.
- 80. Sonia Livingstone and Magdalena Bober, "UK Children Go Online: Final Report of Key Project Findings," *ResearchGate*, April 2005, https://www.researchgate.net/publication/30520691_UK_Children_Go_Online_final_report_of_key project findings.
- **81.** Ibid.
- 82. Ibid.
- 83. Wiwi Yunengsih and Agus Setiawan, "Contribution of Pornographic Exposure and Addiction to Risky Sexual Behavior in Adolescents," *Journal of Public Health Research* 10, no. 1 (June 2022), https://doi.org/10.4081/jphr.2021.2333.
- 84. "Adult & Pornographic Websites in the US Market Size 2005–2028," *IBISWorld*, June 18, 2022, https://my.ibisworld.com/us/en/industry-specialized/od4576/industry-performance#current-performance
- 85. "Why the Sports Industry is Booming in 2020 (And Which Key Players are Driving Growth)," Torrens University Australia, February 10, 2020, https://www.torrens.edu.au/blog/why-sports-industry-is-booming-in-2020-which-key-players-driving-growth.
- Georgina Voss, "Treating It as a Normal Business': Researching the Pornography Industry," Sexualities 15, no. 4 (2012): 391–410.
- 87. Jeff Orlowski, The Social Dilemma, Netflix, 2020, https://www.thesocialdilemma.com/.
- 88. "Adult & Pornographic Websites in the US Market Size 2005–2028," *IBISWorld*, June 18, 2022, https://my.ibisworld.com/us/en/industry-specialized/od4576/industry-performance#current-performance.
- 89. Steve Berkowitz, "NCAA Revenue Returned to \$1.15 Billion in 2021, but Prospect of Pandemic Impacts Looms," *USA Today,* Gannett Satellite Information Network, February 3, 2022,

- https://www.usatoday.com/story/sports/2022/02/02/ncaa-revenue-up-but-pandemic-impacts-loom-basketball-tournament/9313735002/
- **90.** Edelman Benjamin, "Markets: Red Light States: Who Buys Online Adult Entertainment?" *Journal of Economic Perspectives* 23, no. 1 (2009): 209–20, https://doi.org/10.1257/jep.23.1.209.
- **91.** Kirk Doran, "The Economics of Pornography," *Semantic Scholar*, April 9, 2009, https://www.semanticscholar.org/paper/The-Economics-of-Pornography-Doran/7fca93bea0a4e1eb 1ef1ced039274d8243b67469.
- **92.** Ibid.
- **93.** Edelman Benjamin, "Markets: Red Light States: Who Buys Online Adult Entertainment?" *Journal of Economic Perspectives* 23, no. 1 (2009): 209–20, https://doi.org/10.1257/jep.23.1.209.
- 94. John Biggs, "The Annual Pornhub Year in Review Tells Us What We're Really Looking at Online," *TechCrunch*, December 13, 2018, https://techcrunch.com/2018/12/13/the-annual-pornhub-year-in-review-tells-us-what-were-really-looking-at-online/.
- 95. Thomas Brewster, "The Shady, Secret History of Onlyfans' Billionaire Owner," Forbes Magazine, November 9, 2022, https://www.forbes.com/sites/thomasbrewster/2021/06/16/the-shady-secret-history-of-onlyfans-billionaire-owner/?sh=150e31a75c17.
- 96. "Ultimate Guide to Onlyfans," *Influencer Marketing Hub*, July 19, 2022, https://influencermarketinghub.com/glossary/onlyfans/#toc-7.
- **97.** Ibid.
- Nikolaos Lykousas, Fran Casino, and Constantinos Patsakis, "Inside the X-rated World of 'Premium' Social Media Accounts," *Social Informatics* 12 (October 2020): 181–91, https://doi.org/10.1007/978-3-030-60975-7 14.
- 99. "Social Media Fact Sheet," Pew Research Center, April 7, 2021, https://www.pewresearch.org/internet/fact-sheet/social-media/#panel-b14b718d-7ab6-46f4-b447-0 abd510f4180
- 100. Nikolaos Lykousas, Fran Casino, and Constantinos Patsakis, "Inside the X-rated World of 'Premium' Social Media Accounts," *Social Informatics* 12 (October 2020): 181–91, https://doi.org/10.1007/978-3-030-60975-7 14.
- **101.** "Introducing Sensitive Content Control," *Meta*, July 20, 2021, https://about.fb.com/news/2021/07/introducing-sensitive-content-control/.
- **102.** Josh McDowell, "Who Looks and How Often?" in *The Porn Phenomenon: The Impact of Pornography in the Digital Age* (Ventura, CA: Barna Group, 2016), 32–33.
- 103. Kathy Troy, "What Pornhub* Can Teach Marketers about Big Data: Your Data Is Worthless without Context and Consumer Insight," *LinkedIn*, accessed March 25, 2023, https://www.linkedin.com/pulse/what-pornhub-can-teach-marketers-big-data-your-worthless-kathy-troy/.
- 104. "Coronavirus Insights," Pornhub, 2020, https://www.pornhub.com/insights/corona-virus.
- 105. "Online Porn Market Overview, Scope and Advancement Outlook til 2030 Hammy Media Limited, Larry Flynt Publications, MindGeek, Private Media Group," *Digital Journal*, February 24, 2022, https://www.digitaljournal.com/pr/online-porn-market-overview-scope-and-advancement-outlook-till -2030-hammy-media-limited-larry-flynt-publications-mindgeek-private-media-group.
- **106.** Eric W. Owens et al., "The Impact of Internet Pornography on Adolescents: A Review of the Research," *Sexual Addiction & Compulsivity* 19, no. 1 (2012): 99–122.
- 107. Daniel A. Cox, Beatrice Lee, and Dana Popky, "Politics, Sex, and Sexuality: The Growing Gender Divide in American Life," Survey Center on American Life, April 27, 2022, https://www.americansurveycenter.org/research/march-2022-aps/.

- 108. Anita Chandra et al., "Does Watching Sex on Television Predict Teen Pregnancy? Findings from a National Longitudinal Survey of Youth," *Pediatrics* 122, no. 5 (2008): 1047–54, https://doi.org/10.1542/peds.2007-3066.
- 109. Malachi Willis et al., "Pornography Use, Gender, and Sexual Objectification: A Multinational Study," Sexuality & Culture 26, no. 4 (Aug 2022): 1298–313, https://doi.org/10.1007/s12119-022-09943-z.
- **110.** Shelley Walker et al., "It's Always Just There in your Face': Young People's Views on Porn," *Sex Health* 12, no. 3 (2015): 200–06, https://doi.org/10.1071/SH14225.
- 111. Peter Jochen and Patti M. Valkenburg, "The Influence of Sexually Explicit Internet Material and Peers on Stereotypical Beliefs about Women's Sexual Roles: Similarities and Differences Between Adolescents and Adults," *Cyberpsychology, Behavior, and Social Networking* 14, no. 9 (2011): 511–17, https://doi.org/10.1089/cyber.2010.0189.
- 112. Fiona Vera-Gray et al., "Sexual Violence as a Sexual Script in Mainstream Online Pornography," The British Journal of Criminology 61, no. 5 (September 2021): 1243–60, https://doi.org/10.1093/bjc/azab035.
- 113. Paul J. Wright, "Mass Media Effects on Youth Sexual Behavior Assessing the Claim for Causality," Annals of the International Communication Association 35, no. 1 (2011): 343–85, https://doi.org/10.1080/23808985.2011.11679121.
- 114. Ibid.
- 115. Bonino Silvia et al., "Use of Pornography and Self-Reported Engagement in Sexual Violence Among Adolescents," *European Journal of Developmental Psychology* 3, no. 3 (2006): 265–88, https://doi.org/10.1080/17405620600562359.
- 116. Emily A. Vogels and Lucia F. O'Sullivan, "The Relationship Among Online Sexually Explicit Material Exposure To, Desire For, and Participation in Rough Sex," *Archives of Sexual Behavior* 48, no. 2 (2019): 653–65, https://doi.org/10.1007/s10508-018-1290-8.
- 117. Christina Camilleri, Justin T. Perry, and Stephen Sammut, "Compulsive Internet Pornography Use and Mental Health: A Cross-Sectional Study in a Sample of University Students in the United States," Front Psychol (2020), https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7835260/.
- 118. Todd G. Morrison et al., "Exposure to Sexually Explicit Material and Variations in Body Esteem, Genital Attitudes, and Sexual Esteem among a Sample of Canadian Men," *The Journal of Men's Studies* 14, no. 2 (2007): 209–22, https://doi.org/10.3149/jms.1402.209open_in_new.
- 119. Daniel A. Cox, Beatrice Lee, and Dana Popky, "Politics, Sex, and Sexuality: The Growing Gender Divide in American Life," *Survey Center on American Life*, April 27, 2022, https://www.americansurveycenter.org/research/march-2022-aps/.
- 120. Destin N. Stewart and Dawn M. Szymanski, "Young Adult Women's Reports of Their Male Romantic Partner's Pornography Use as a Correlate of Their Self-Esteem, Relationship Quality, and Sexual Satisfaction," Sex Roles 67, no. 5 (2012): 257–71, https://doi.org/10.1007/s11199-012-0164-0.
- 121. Tracy L. Tylka and Rachel M. Calogero, "Perceptions of Male Partner Pressure to be Thin and Pornography Use: Associations with Eating Disorder Symptomatology in a Community Sample of Adult Women," *International Journal of Eating Disorders* 52, no. 2 (2019): 189–94, https://doi.org/10.1002/eat.22991.
- 122. Larry J. Nelson, Laura M. Padilla-Walker, and Jason S. Carroll, "I Believe It Is Wrong But I Still Do It": A Comparison of Religious Young Men Who Do Versus Do Not Use Pornography," *Psychology of Religion and Spirituality*, no. 2 (2010): 136–47, https://scholarsarchive.byu.edu/facpub?utm_source=scholarsarchive.byu.edu%2Ffacpub%2F4348 &utm_medium=PDF&utm_campaign=PDFCoverPages.
- **123.** Ibid.

- **124.** James K. McNulty, Carolyn A. Wenner, and Terri D. Fisher, "Longitudinal Associations Among Relationship Satisfaction, Sexual Satisfaction, and Frequency of Sex in Early Marriage," *Archives of Sexual Behavior* 45 (2016): 85–97, https://doi.org/10.1007/s10508-014-0444-6.
- 125. Ana J. Bridges and Patricia J. Morokoff, "Sexual Media Use and Relational Satisfaction in Heterosexual Couples," *Personal Relationships* 18, no. 4 (2011): 562–85, https://doi.org/10.1111/j.1475-6811.2010.01328.x.
- 126. Franklin O. Poulsen, Dean M. Busby, and Adam M. Galovan, "Pornography Use: Who Uses It and How it is Associated with Couple Outcomes," *Journal of Sex Research* 50, no. 1 (2013): 72–83, https://doi.org/10.1080/00224499.2011.648027.
- **127.** Ana J. Bridges and Patricia J. Morokoff, "Sexual Media Use and Relational Satisfaction in Heterosexual Couples," *Personal Relationships* 18, no. 4 (2011): 562–85, https://doi.org/10.1111/j.1475-6811.2010.01328.x.
- 128. Paul J. Wright et al., "Pornography Consumption and Satisfaction: A Meta-Analysis," *Human Communication Research* 43, no. 3 (2017): 315–43, https://doi.org/10.1111/hcre.12108.
- 129. David Shultz, "Divorce Rates Double when People Start Watching Porn," *Science*, August 26, 2016, https://www.science.org/content/article/divorce-rates-double-when-people-start-watching-porn*
 - https://www.science.org/content/article/divorce-rates-double-when-people-start-watching-porn#:~:t ext=Analyzing%20the%20data%2C%20Perry%20and,from%206%25%20to%2018%25.
- 130. Samuel L. Perry and Cyrus Schleifer, "Till Porn Do Us Part? A Longitudinal Examination of Pornography Use and Divorce," *The Journal of Sex Research* 55, no. 3 (2018): 284–96, https://doi.org/10.1080/00224499.2017.1317709.
- **131.** Ibid.
- 132. Marjan Javanbakht et al., "Transmission Behaviors and Prevalence of Chlamydia and Gonorrhea among Adult Film Performers," *Sexually Transmitted Diseases* 44, no. 3 (2017): 181–6, https://doi.org/10.1097/olq.0000000000000567.
- 133. Hannes Jarke, "What Do We Know about the Mental Health of Porn Performers? A Systematic Literature Review," *Journal of Public Mental Health*, 2022, https://doi.org/10.31234/osf.io/a5tnb.
- 134. Ibid
- 135. Rong-Gong Lin II, "AHF L.A. Porn Stars Have More STDs than Nevada Prostitutes," *AIDS Healthcare Foundation*, October 31, 2012, https://www.aidshealth.org/2012/10/l-a-porn-stars-have-more-stds-than-nevada-prostitutes/.
- 136. David Kelley, "Condoms Required in Legal Nevada Brothels UPI Archives," *UPI*, January 21, 1988,
 - https://www.upi.com/Archives/1988/01/21/Condoms-required-in-legal-Nevada-brothels/334956973 9600/.
- 137. April Dembosky, "Should Porn Stars Use Condoms? California Grapples with Regulation," *GBH*, February 18, 2016,
 - $https://www.wgbh.org/news/2016/02/18/life-science/should-porn-stars-use-condoms-california-grapples-regulation\#: $$\sim:text=The\%20 adult\%20 film\%20 industry\%20 is, that\%20 performers\%20 must\%20 use\%20 condoms.$
- 138. David Schieber, "Money, Morals, and Condom Use: The Politics of Health in Gay and Straight Adult Film Production," *Social Problems* 65, no. 3 (2017): 377–94. https://doi.org/10.1093/socpro/spw046.
- **139.** Ibid.
- 140. Corita R. Grudzen et al., "Pathways to Health Risk Exposure in Adult Film Performers," *Journal of Urban Health* 86, no. 1 (2008): 67–78. https://doi.org/10.1007/s11524-008-9309-4.
- 141. Ibid.

- 142. Corita R. Grudzen et al., "Comparison of the Mental Health of Female Adult Film Performers and Other Young Women in California," *Psychiatric Services* 62, no. 6 (2011): 639–45, https://doi.org/10.1176/ps.62.6.pss6206 0639.
- 143. Corita R. Grudzen et al., "Pathways to Health Risk Exposure in Adult Film Performers," *Journal of Urban Health* 86, no. 1 (2008): 67–78, https://doi.org/10.1007/s11524-008-9309-4.
- **144.** Ibid.
- 145. Ibid.
- 146. Corita R. Grudzen et al., "Comparison of the Mental Health of Female Adult Film Performers and Other Young Women in California," *Psychiatric Services* 62, no. 6 (2011): 639–45, https://doi.org/10.1176/ps.62.6.pss6206_0639.
- 147. Andrea Peer, "Global Poverty: Facts, Faqs, and How to Help," *World Vision*, April 5, 2023, https://www.worldvision.org/sponsorship-news-stories/global-poverty-facts#:~:text=Poverty%20is% 20a%20state%20of,electricity%2C%20shelter%2C%20and%20food.
- 148. Corita R. Grudzen et al., "Comparison of the Mental Health of Female Adult Film Performers and Other Young Women in California," *Psychiatric Services* 62, no. 6 (2011): 639–45, https://doi.org/10.1176/ps.62.6.pss6206 0639.
- 149. Corita R. Grudzen et al., "Pathways to Health Risk Exposure in Adult Film Performers," *Journal of Urban Health* 86, no. 1 (2008): 67–78. https://doi.org/10.1007/s11524-008-9309-4.
- 150. Ibid.
- 151. Ibid.
- 152. Ibid.
- 153. Corita R. Grudzen et al., "Comparison of the Mental Health of Female Adult Film Performers and Other Young Women in California," *Psychiatric Services* 62, no. 6 (2011): 639–45, https://doi.org/10.1176/ps.62.6.pss6206 0639.
- 154. Ibid.
- **155.** Corita R. Grudzen et al., "Pathways to Health Risk Exposure in Adult Film Performers," *Journal of Urban Health* 86, no. 1 (2008): 67–78, https://doi.org/10.1007/s11524-008-9309-4.
- 156. Corita R. Grudzen et al., "Comparison of the Mental Health of Female Adult Film Performers and Other Young Women in California," *Psychiatric Services* 62, no. 6 (2011): 639–45, https://doi.org/10.1176/ps.62.6.pss6206 0639.
- 157. Ibid.
- 158. Angela Morrison, "A Conversation with 'Hot Girls Wanted' Filmmakers Jill Bauer and Ronna Gradus," *Film School Rejects*, June 17, 2020, https://filmschoolrejects.com/hot-girls-wanted-turned-on-creators-interview/.
- **159.** Jill Bauer and Ronna Gradus, *Hot Girls Wanted*. Netflix, 2015, https://www.netflix.com/watch/80038162?source=35.
- **160.** Jill Bauer and Ronna Gradus, *Hot Girls Wanted*. Netflix, 2015, https://www.netflix.com/watch/80038162?source=35.
- **161.** Niall McCarthy, "Poll: U.S. Smoking Rate Falls to Historic Low [Infographic]," *Forbes Magazine*, July 27, 2018,
 - https://www.forbes.com/sites/niallmccarthy/2018/07/26/poll-u-s-smoking-rate-falls-to-historic-low-in fographic/?sh=4503fa5e3351.
- 162. "The Health Consequences of Smoking–50 Years of Progress: A Report of the Surgeon General," PsycEXTRA Dataset, 2014, https://doi.org/10.1037/e510072014-001.
- 163. Niall McCarthy, "Poll: U.S. Smoking Rate Falls to Historic Low [Infographic]," Forbes Magazine, July 27, 2018,
 - https://www.forbes.com/sites/niallmccarthy/2018/07/26/poll-u-s-smoking-rate-falls-to-historic-low-in fographic/?sh=4503fa5e3351.

- **164.** "The Health Consequences of Smoking–50 Years of Progress: A Report of the Surgeon General," *PsycEXTRA Dataset*, 2014, https://doi.org/10.1037/e510072014-001.
- 165. Ibid.
- 166. Ibid.
- 167. Ibid.
- 168. Joshua B. Grubbs et al., "Porndemic? A Longitudinal Study of Pornography Use Before and During the COVID-19 Pandemic in a Nationally Representative Sample of Americans," *Archives of Sexual Behavior* 51, no. 1 (2021): 123–37, https://doi.org/10.1007/s10508-021-02077-7.
- 169. Fight the New Drug, accessed May 29, 2023, https://fightthenewdrug.org/blog/.
- **170.** "Consider Before Consuming," *Consider Before Consuming*, accessed May 29, 2023, https://considerbeforeconsumingpodcast.com/episodes/.
- 171. Dora Scheidell, "Utah-based Anti-Porn Movement Kicks-Off Billboard Campaign in Bay Area," Fox 13, October 17, 2015, https://www.fox13now.com/2015/10/16/utah-based-anti-porn-movement-kicks-off-billboard-campaign-in-bay-area.
- **172.** "Kansas City Royals Becomes First MLB Team to Take a Stand against Porn," *Fight the New Drug,* accessed April 26, 2023, https://fightthenewdrug.org/kansas-city-royals-and-fight-the-new-drug/.
- **173.** "Fight the New Drug 2017 Quarterly Report Q3," *Issuu*, October 2, 2017, https://issuu.com/fightthenewdrug/docs/ftnd_2016_quarterlyreport_q3_2.
- **174.** "About," *National Center on Sexual Exploitation*, January 10, 2023, https://endsexualexploitation.org/about/.
- 175. "National Center on Sexual Exploitation: Overview," *LinkedIn*, accessed April 14, 2023, https://www.linkedin.com/company/national-center-on-sexual-exploitation/about/.
- **176.** Ibid.
- 177. Ibid.
- 178. Criag Osten, "2022: A Year Pornographers and Traffickers Would Like to Forget," National Center on Sexual Exploitation, December 12, 2022, https://endsexualexploitation.org/articles/2022-a-year-pornographers-and-traffickers-would-like-to-forget/.
- 179. Ibid.
- 180. Ibid.
- 181. Ibid.
- **182.** "2022 Impact Report," *National Center on Sexual Exploitation*, January 14, 2021, https://endsexualexploitation.org/wp-content/uploads/2021/03/Impact-Report-2020-Web.pdf.
- 183. "National Center on Sexual Exploitation: A World Free From Sexual Exploitation," GuideStar Profile, accessed April 26, 2023, https://www.guidestar.org/profile/13-2608326.
- **184.** "National Center on Sexual Exploitation," *Wikipedia*, April 19, 2023, https://en.wikipedia.org/wiki/National Center on Sexual Exploitation.
- 185. "Good Pictures Bad Pictures Jr.: A Simple Plan to Protect Young Minds," *Amazon.com*, accessed May 29, 2023, https://www.amazon.com/Good-Pictures-Bad-Jr-Protect/dp/0997318724.
- **186.** "Online Porn," *Esafety.gov.au*, accessed May 29, 2023, https://www.esafety.gov.au/parents/issues-and-advice/online-porn.
- 187. Stephanie Pappas, "Teaching Porn Literacy," *American Psychological Association* 52, no. 2, (March 2021): 54, https://www.apa.org/monitor/2021/03/teaching-porn-literacy.
- 188. Nicole Daley, "A Pornography Literacy Class for Youth: Results of a Feasibility and Efficacy Pilot Study," *American Journal of Sexual Education* 13, no. 1 (February 2018): 1–17, https://www.tandfonline.com/doi/full/10.1080/15546128.2018.1437100.
- **189.** Jane D. Brown and Sarah N. Keller, "Sex, Sexuality, Sexting, and SexEd: Adolescents and the Media," *ResearchGate*, January 2009,

- https://www.researchgate.net/profile/Jane-Brown-11/publication/234656991_Sex_Sexuality_Sextin g_and_SexEd_Adolescents_and_the_Media/links/555518f808ae6fd2d821bced/Sex-Sexuality-Sex ting-and-SexEd-Adolescents-and-the-Media.pdf.
- 190. Teo Matkovic, Nicole Cohen, and Aleksander Stulhofer, "The Use of Sexually Explicit Material and Its Relationship to Adolescent Sexual Activity," *Elsevier* 62, no. 5 (May 2018): 563–69, https://www.sciencedirect.com/science/article/pii/S1054139X17309072.
- 191. Eric W. Owens et al., "The Impact of Internet Pornography on Adolescents: A Review of the Research," *Sexual Addiction & Compulsivity* 19, no. 1 (April 2012): 99–122, https://www.tandfonline.com/doi/full/10.1080/10720162.2012.660431.
- **192.** Siobhan Healy-Cullen et al., "Youth Encounters with Internet Pornography: A Survey of Youth, Caregiver, and Educator Perspectives," *Sexuality & Culture* 26 (2022): 491–513, https://link.springer.com/article/10.1007/s12119-021-09904-y.
- 193. Himani Adarsh and Swapnajeet Sahoo, "Pornography and Its Impact on Adolescent and Teenage Sexuality," *Journal of Psychosexual Health* 5, no. 1 (March 2023), https://doi.org/10.1177/26318318231153984.
- 194. "Young People's Barriers to Talking About Sexual Health With Their Parents and Providers," SMSNA For Patients, accessed May 29, 2023, https://www.smsna.org/patients/news/young-people-s-barriers-to-talking-about-sexual-health-with-their-parents-and-providers.
- 195. Jane D. Brown and Sarah N. Keller, "Sex, Sexuality, Sexting, and SexEd: Adolescents and the Media," *ResearchGate*, January 2009, https://www.researchgate.net/profile/Jane-Brown-11/publication/234656991_Sex_Sexuality_Sexting_and_SexEd_Adolescents_and_the_Media/links/555518f808ae6fd2d821bced/Sex-Sexuality-Sex ting-and-SexEd-Adolescents-and-the-Media.pdf.
- **196.** "A 5-Month Path to Freedom From Sexual Brokenness for Men and Women," *The Journey Course*, November 2022, https://www.thejourneycourse.com/.